

Day Passes

Available for use between 7.30am – 10pm, 7 days a week

Pool and Spa Facilities (1 session)

Adults - £6.00

Children 1 – 15 years - £4.00 (Under 1 years – Free of charge)

Gym, Pool & Spa pass (1 session)

Adults age 21 & over only - £ 8.00

Pool and Spa Day Pass—unlimited use for the day

Adults—£10.00

Children 1 – 15 years - £6.00 (Under 1 years – Free of charge)

Dip & Dine £15.00

Includes full use of the Spa Facilities and a light lunch in the

Raffles Bar. Available Sunday—Thursday 11am - 4pm

(This excludes the use of the Gym)

Standard Membership

This includes full use of the Swimming Pool, Spa & Gym

Monthly - £40.00

Quarterly - £99.00

Annually - £380.00

Over 60's Membership

Monthly - £30.00

Quarterly - £90.00

Annually - £360.00

Children's Membership - Includes swimming pool only

Leisure Facilities

Indoor Heated Swimming Pool

Our Pool is approximately 17ft-35ft and heated to 30

degrees

Spa Pool

Small circular pool situated next to the indoor swimming pool with water jets perfect for those wanting the benefits of water pressure without the heat of a hydro pool.

Hydrotherapy Pool

This provides a relaxing and invigorating experience with the warm temperatures and water pressure its perfect for sore muscles and aching joints

Sauna

A dry heat room used to cleanse the body of impurities and improve your immune system

Steam Room

A damp heat used to ease muscle and joint pain, clear sinuses and cleanse the body of impurities

Heated Loungers

Heated Mosaic loungers situated under twinkling lights perfect for relaxation

Hydrotherapy Showers

Experience showers intended for use after heat treatments to regulate the body temperature

Fully Equipped Gymnasium

The perfect place to get back or keep in your personal best shape.



About us...

With our idyllic views of Looe Bay our Spa and refurbished Beauty Sanctuary is the perfect place to come and relax.

Using only the finest of skin loving ingredients in our products, we are proud to boast both the Natural Spa Factory, Jessica Nails and CND Shellac collection.

Waves Spa is open to all general public, day and holiday guests who have full access to the indoor

heated pool, steam room, sauna, hydrotherapy pool, heated mosaic loungers, relaxation room and a fully equipped gymnasium. We want you to unwind in your own personal sanctuary and dis-

natural spa factory

— EST. BATH ENGLAND —

cover the ultimate
your total well-
Waves Spa.



make space for
being, here at



Hannafore Point Hotel and Spa

Hannafore | West Looe | Cornwall



Waves Spa & Beauty Sanctuary

The Hannafore Point Hotel
Looe | Cornwall



Massage Therapies

Back, Neck, Face and Scalp Massage

A relaxing massage that focuses on the different pressure points of the upper body leaving you feeling totally rebalanced.—Approx1 hour - £55.00

Relaxing Face and Scalp Massage

A rejuvenating massage using our nourishing facial; oil and pure coconut oil products to completely relax the muscles of the face and scalp.. Approx 40 minutes - £35.00

Traditional Swedish Body Massage

A Traditional massage used to work away tension and rejuvenate the whole body.
Back (Approx 30 minutes) - £35.00
Full Body (Approx1 Hour) - £55.00

Intense Muscle Relief Massage

A deep and intense massage working to relieve deep set knots and tensions.
Back (Approx 30 minutes) - £35.00
Full Body (Approx1 hour) - £60.00

Total Harmony Massage

A relaxing and soothing massage using slow, gliding strokes to relieve stress and tension.
Back (Approx 30 minutes) - £35.00
Full Body (Approx1 hour) - £55.00

Total Body Experience

Beginning with a light body brush to aid penetration of our nourishing oils and buff away dead skin cells. Your

Hot Stone Therapy Massage

This therapeutic massage is the ultimate hour/ 30 minutes of indulgence. Massaging with the heated stones allows manipulation of a greater intensity than with regular massage due to the direct heat which relaxes the muscles.
Back (Approx30 minutes) - £35.00
Full Body (Approx1 hour) - £60.00

Body Treatments

Escape to the Ocean *Approx 1 hour 30*

minutes - £85.00
Our Signature Treatment
Designed with our beautiful coastline in mind our signature treatment begins with a light body brush followed by a peppermint and marine extract salt scrub to remove dead skin cells and prepare your skin to allow deeper penetration of our nourishing products. Your therapist will then guide you to your shower to remove the excess, as you return your body will be massaged into a state of pure relaxation with our seaweed oil followed by a deeply relaxing scalp massage, perfect for detoxifying after an indulgent holiday.

Peppermint and Marine Extract Body Scrub

Approx 30 minutes - £35.00
An invigorating and cooling salt body scrub brim-

Natural Spa Ritual

Approx 1 hour 45 minutes - £99.00
Only natural ingredients are used in this top to toe body ritual. Your skin will be renewed and beautifully nourished with our Sea Salt Scrub brimming with essential oils. Followed by a rhythmic full body massage and completed with an express facial.

Natural Spa Back Ritual

Approx 50 minutes - £55.00
This treatment begins with a full back cleanse and exfoliation, A mineralizing mask is then applied, while the minerals hydrate and nourish the skin, the backs of the legs and feet are massaged. This treatment is then finished off with a relaxing back massage and a luxurious

Couples Massage*
Why not enjoy one of our relaxing massages with someone close to you in the same room at the same time.
The perfect way to spend some quality time together.
*On all massages except from Hot Stone Full Body.
moisturiser is applied.

For Hands & Feet

CND Shellac
CND Shellac Express Manicure/Pedicure
£23.00

Nails are perfectly shaped and cuticles hydrated followed by a CND Shellac colour of your choice. (Approx 35 minutes)

CND Shellac Deluxe Manicure/Pedicure
£32.00

A luxurious scrub is applied to exfoliate the skin followed by a relaxing hand/foot massage with our hydrating

lotions. The nails are perfectly shaped, cuticles hydrated and tidied. Finished with a CND Shellac colour of your choice. (Approx 60 minutes)

Shellac Removal Hands/ Feet **£5.00 each**

Jessica Nails

Jessica Nails Express Manicure/Pedicure
£18.00

Nails are perfectly shaped; cuticle oil is applied, followed with a varnish of your choice. (Approx 30 minutes)

Beauty Essentials

Full leg wax £25.00 Approx1 hour
Half leg wax £18.00 Approx 40 minutes

Underarm wax £12.00 Approx 20 minutes

Bikini wax £14.00 Approx 30 minutes

Eyebrow wax/tidy £9.00 Approx 20 minutes

Lip/Chin £7.00 each (both £12.00)

Approx10 minutes each

Back/chest £20.00 each (both £35.00)

Approx1 hour each

Eyeshadow tint £12.00 Approx 15 minutes

Eyebrow tint £8.00 Approx 15 minutes

Eyebrow package: £15.00 Approx 20 minutes

Receive an eyebrow shape/tidy and tint for our special package price, the perfect combination to define your brows.

Eye package: £25 Approx 30 min-

Spa Experiences

Need a little longer to completely relax & indulge in our luxurious treatments? These spa experiences are the perfect way to indulge in more for a little less...

Top to Toe Tranquillity – Approx 90 Minutes £85.00
Treatments from the top of your head to the tip of your toes

For the ultimate stress relief. To Include Rebalancing Scalp Massage, Full Body Massage, Re-Vitalising Foot Scrub with Reflexology Inspired Foot Massage

Absolute Radiance – Approx 75 Minutes £70.00
A combination of skin rejuvenating treatments to leave the skin

looking youthful & glowing. To Include Bamboo Deep Cleansing

Facial & Full Body Scrub
Sole Soother – Approx 40 Minutes - £38.00

The perfect treatment to soothe and smooth the hands & feet.

To Include Re-vitalising foot treatment including a scrub & mask,

Lower leg & foot massage, Hand & Lower arm massage
Head in the Clouds – Approx 45 Minutes - £42.00

The Natural Spa Factory Facials

Express Facial *Approx 30 minutes*
£35.00

Experience luxurious products in a time saving treatment, perfect for those on the go. Every express facial is tailored to suit your individual needs, to leave your skin feeling flawless.

Bamboo Deep Cleansing Facial *Approx 45 minutes*
£45.00

Indulge in a gentle but effective deep cleansing facial using the organic silica extracted from bamboo stems. The bamboo particles will gently remove dead skin cells & stimulate new ones, reduce the appearance of fine lines & help to maintain a clear complexion.

Illuminate your skin *Approx 1 hour*
£60.00

Rich in ingredients such as nectarine, honey, rice water & hyaluronic acid this facial will help to improve your skins natural radiance, plump fine lines & wrinkles, brighten & illuminate the skin.

Gold and Champagne Facial *Approx1 hour*
£65.00

A luxurious facial that only uses the finest of skin loving ingredients such as pearl, caviar & champagne extract.

** Please note all treatment times include time for a consultation form to be filled