

# Waves Spa

The Hannafore Point Hotel

2017 treatment list

## Massage Therapies

### Traditional Swedish Body Massage

A Traditional massage used to work away tension and rejuvenate the whole body.

- Full body (1 Hour) £45.00

### Intense Muscle Relief Massage

A deep and intense massage working to relieve deep set knots and tensions.

- Full Body (1 hour) £50.00

- Back (30 minutes) £35.00

### Total Harmony Massage

A relaxing and soothing massage using slow, gliding strokes to relieve stress and tension.

- Full Body (1 hour) £45.00

- Back (30 minutes) £30.00

### Total Body Experience

Beginning with a light body brush to aid penetration of our nourishing oils and buff away dead skin cells. Your body will then be massaged into a state of pure relaxation.

- Full body (1 hour 15 minutes) £60.00

### Couples Massage

Why not enjoy one of our relaxing massages with someone close to you in the same room at the same time. The perfect way to spend some quality time together.

### Back, neck, face and scalp massage.

A relaxing massage that focuses on the different pressure points of the upper body leaving you feeling totally re-balanced.

- (one hour) £45.00

### Relaxing face and scalp massage

A rejuvenating massage using our nourishing facial oil and pure coconut oil products to completely relax the muscles of the face and scalp.

- (40 minutes) £30.00

## Holistic Therapies

### Hot Stone Therapy Massage

This therapeutic massage is the ultimate hour of indulgence. Massaging with the heated stones allows manipulation of a greater intensity than with regular massage due to the direct heat which relaxes the muscles.

- Full Body (1 hour) £55.00

- Back (30 minutes) £35.00

### Indian Head Massage

A seated massage using ancient traditional techniques inducing a state of calm, peace and tranquility. This treatment includes a massage of the scalp, face, neck, shoulders, back and arms

- 40 minutes £35

### Reflexology

This is an ancient complementary therapy that has been practiced for thousands of years, based on the concept that different points on the feet correspond to different areas of the body. Working these areas can improve general health and wellbeing as well as promoting relaxation and tranquility .

- 60 minutes £45

\*On all massages except from Hot Stone Full Body and

## The Natural Spa Factory Facials

### *Express Facial*

Experience luxurious products in a time saving treatment, perfect for those on the go. Every express facial is tailored to suit your individual needs, to leave your skin feeling flawless.

- 30 minutes £35.00

### *Bamboo Deep Cleansing Facial*

Indulge in a gentle but effective deep cleansing facial using the organic silica extracted from bamboo stems. The bamboo particles will gently remove dead skin cells and stimulate new ones, reduce the appearance of fine lines and help to maintain a clear complexion.

- 45 minutes £45.00

### *Illuminate your skin*

Rich in ingredients such as nectarine, honey, rice water and hyaluronic acid this facial will help to improve your skins natural radiance, plump fine lines and wrinkles, brighten and illuminate the skin.

- 1 hour £55.00

### *Gold and Champagne Facial*

A luxurious facial that only uses the finest of skin loving ingredients such as pearl, caviar and champagne extract. The caviar is rich in amino acids and vitamins which intensifies the metabolism of the skin cells, the tiny pearl particles work on reducing fine lines by toning, firming and illuminating, the champagne extract targets skin cell renewal and the gold (23 carats) moisturiser helps to restore elasticity and tighten the skin. Resulting in velvety, radiant and youthfully revitalized skin.

- 1 hour 15minutes £65.00

## Body Treatments

### *Peppermint and Marine Extract Body Scrub*

An invigorating and cooling salt body scrub brimming with essential oils. This luxurious scrub will leave your skin feeling refreshed and soft to touch. The natural ingredients will awaken the senses and smooth dry skin, a nourishing body lotion concludes this detoxifying treatment.

- 25 minutes £30.00

### *Natural Spa Ritual*

Only natural ingredients are used in this top to toe body ritual. Your skin will be renewed and beautifully nourished with our Olive and Neroli oil stone Scrub brimming with essential oils. Followed by a rhythmic full body massage and completed with an express facial.

- 1 hour 45 minutes £90.00

### *Natural Spa Back Ritual*

This treatment begins with a full back cleanse and exfoliation, A mineralizing mask is then applied, while the minerals hydrate and nourish the skin, the backs of the legs and feet are massaged. This treatment is then finished off with a relaxing back massage and a luxurious moisturizer is applied.

- 50 minutes £45.00

### *Laminaria Detoxifying and Remineralising Body Wrap*

Your treatment will begin with light body brush to prepare your skin for ultimate results. Our wrap boosts a combination of two seaweeds for an intense detoxifying result. Laminaria and Lithothamnium provides its mineral and marine salts to help combat cellulite and fatty deposits. As the wrap works its wonders you will enter into a deep relaxation with an express facial and scalp massage. This treatment is completed with an application of our detoxifying seaweed oil.

- 1 hour 15 minutes £65.00

## *Escape to the Ocean*

### *\*Our Signature Treatment\**

Designed with our beautiful coastline in mind our signature treatment begins with a light body brush followed by a peppermint and marine extract salt scrub to remove dead skin cells and prepare your skin to allow deeper penetration of our nourishing products. Your therapist will then guide you to your shower to remove the excess, as you return your body will be massaged into a state of pure relaxation with our seaweed oil followed by a deeply relaxing scalp massage, perfect for detoxifying after an indulgent holiday.

- 1 hour 30 minutes £75.00

## *Manicures/Pedicures*

### *Jessica Express Manicure/Pedicure*

Nails are perfectly shaped; cuticle oil is applied, followed with a varnish of your choice.

- 30 minutes £10.00

### *Jessica Deluxe Manicure/Pedicure*

Luxurious hand scrub is applied to exfoliate the skin followed by a hand/foot massage. The nails are perfectly shaped and cuticles hydrated and tidied, finished with a prescriptive basecoat and colour of your choice.

- 45 minutes £15.00

### *CND Shellac Express Manicure/Pedicure*

Nails are perfectly shaped; cuticle oil is applied, followed with a CND Shellac colour of your choice.

- 40 Minutes £15.00

### *CND Shellac Deluxe Manicure/Pedicure*

Includes a luxurious scrub and massage. The nails are perfectly shaped and cuticles beautifully hydrated and tidied. Finished with a CND Shellac colour of your choice.

- 60 minutes £20.00

*CND Shellac Removal Hands* £5.00

*CND Shellac Removal Feet* £5.00

## *Beauty Essentials*

Full leg wax £25.00

Half leg wax £15.00

Underarm wax £10.00

Bikini wax £10.00

Eyebrow wax/tidy £8.00

Lip/Chin £6.00 each  
(both £10.00)

Back/chest £20.00 each  
(both £35.00)

Eyelash tint\* £10.00

Eyebrow tint\* £6.00

Eyebrow package:\* £11.00

Receive an eyebrow shape/tidy and tint for our special package price, the perfect combination to define your brows.

Eye package:\* £24.00

A treatment to define and darken your lashes and brows. This treatment begins with an eyelash tint followed by an eyebrow tint and tidy.

Eyelash Lift:\* £30

A painless, simple and effective treatment to leave the lashes looking longer, fuller and darker. Lasts up to eight weeks without maintenance. Includes eyelash tint.

\*patch test required at least 24 hours before all tinting treatments

### Spa Days

Natural Escape Spa Day - £55

- Full use of Spa and Pool Facilities
- Robes Towels and Slippers
- Healthy Two Course Lunch in our Raffles Bar
- 30 Minute treatment.

Natural Indulgence Spa Day - £75

- Full use of Spa and Pool Facilities
- Robes Towels and Slippers
- Healthy Two Course Lunch in our Raffles Bar
- 60 Minute treatment

Escape to the Ocean Spa Day - £90

- Full use of Spa and Pool Facilities
- Robes Towels and Slippers
- Healthy Two Course Lunch in our Raffles Bar
- 90 Minute Signature Treatment

### Spa Experiences

Top to Toe Tranquillity - 90 Minutes £80

- Rebalancing Scalp Massage
- Full Body Massage
- Re-Vitalising Foot Scrub with Reflexology Inspired Foot Massage

Ultimate Radiance - 75 Minutes £65

- Bamboo Deep Cleansing Facial
- Full Body Scrub

Sole Soother - 40 Minutes - £38

- Re-vitalising foot treatment including a scrub and mask.
- Lower leg and foot massage
- Hand and Lower arm massage

Head in the Clouds - 45 Minutes - £35

- Soothing Vanilla Face Mask
- Face, Scalp, Neck and Shoulder Massage

Relax and Re-Charge 60 minutes—£55

- Energizing Express Facial
- Total Harmony Back Massage

To book or for more information please call us on  
01503 263273 or email us at  
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Hannafore Point Hotel and Spa

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